






# Career-Life Education

Ms. Christina Walker

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## IMPORTANT LINKS:

-  <http://app.myblueprint.ca>
-  <https://www.weebly.com/>
-  <https://students.linkedin.com/>

## COURSE OVERVIEW:

Welcome to Career-Life Education!! Career-Life Education is a required course for graduation. *It is a 'real life' course, meaning less academically focused and more practical. It will help you plan certain aspects of your life, such as future goals and dreams as well as giving you the skills to reach those goals and dreams. A person's career is considered their "journey" through life, and the Career Education curriculum offers students the opportunity to pursue this journey in personally meaningful and goal-orientated ways. Career-life development with intent is the ongoing process of self-discovery, growth in competence, and learning from experience in educational, work-related, and personal life contexts.*

## CLASS MATERIAL:

### MANDATORY

- USB Memory Stick or Portable External Hard Drive (Student must supply and bring everyday)
- Office 365 Account (provided by VSB)
- myBlueprint Account
- Pens & Pencils
- Journal

### OPTIONAL

- Laptop or tablet (Students are entirely responsible for their devices, and are expected to use their device in a way that is consistent with the John Oliver COURAGE Code of Conduct, as well as the VSB Internet Use Policies).
- Online Storage (Dropbox, Google Drive, etc.)

## COURSE CONTENT:

*Students will explore:*

- Career-Life Choices - Identifying values, learning styles, goal setting, employability skills, career exploration, graduation planning.
- Wellness & Finding Balance - Work-life balance, stress reduction, mindfulness.
- Cultivating Networks and Reciprocal Relationships - Relationship and network building, digital footprints and citizenship, identifying (and communicating) your strengths.
- Career-Life Decisions - Transferable skills, mastering an application, changing world of work.
- Lifelong Learning - The employment standards act, workplace safety - staying safe at work, navigating your finances, community connections.

## **CLASSROOM EXPECTATIONS -**

### **COMPLETING WORK:**

It is expected that you complete ALL work on time and in full. Failure to finish homework or class activities may result in calls home and/or discussions with the administration. Students who participate in extra-curricular activities are expected to complete their work by the assigned deadlines. Extra time will not be given to accommodate extra-curricular schedules.

### **ABSENCES:**

Students who are away from class must present a note explaining their absence on the day they return. **A reminder that John Oliver Secondary School policy does NOT provide accommodation for long-term absences due to vacations, family events, etc.** Students with a legitimate note for their absence will receive extensions for the work they have missed. Students without a legitimate note for their absence will not receive grades for the work they have missed.

### **PREPARATION:**

*Students are expected to be prepared to learn in the class everyday, which includes:*

- Bring pen, journal, and USB/hard drive to class everyday.
- Checking Ms. Walker's website regularly for information, links, and documents.
- Participating actively in class discussions.
- Give 110% effort in all assignments, in-class contributions, & self-reflections.
- Use their time effectively and respectfully to complete their work and meet assignment due dates.
- Behaving politely and in a respectful manner, in line with the *John Oliver Code of Conduct*.

### **CELL PHONES & ELECTRONICS:**

Cell phones, music players, headphones, and ALL other electronics are NOT permitted in class at anytime, *unless specifically mentioned by the instructor*. This course requires maturity in regards to communications technology, and there will be many times when cell phones are used for learning in the classroom. At other times, they should be off and away. If these rules are not respected, all cell phones will be collected by the teacher at the beginning of each class.

### **RESPECT:**

You are expected to show respect to your classmates and teacher by acting politely and in a safe manner, and by respecting the learning environment of the classroom. Students should refer to the *Jokers Code of Conduct* for specifics on acceptable classroom and on-line behaviour. Sexist, racist, homophobic, transphobic, and other derogatory behaviour will NOT be tolerated at anytime in the classroom. *Students are expected to follow John Oliver Secondary's rules on acceptable use of technology and social media when taking photographs in and around the school.*

**Please contact me via e-mail to schedule appointments or discuss student progress, as I teach in different classrooms.**